

# SALLY-ANN REMNANT

CLINICAL SPECIALIST IN EPILEPSY CARE,  
CLINICAL EDUCATOR/NURSE CONSULTANT

## CONTACT



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Surrey, UK

## CORE SKILLS

Patient caseload management

Assessing, planning, implementing and evaluating care

Running nurse led clinics, service development, Clinical education.

Treatment management, Rescue medication in Seizures, Patient and HCP education.

Executive member of ESNA UK.

## CORE EDUCATION

### Medical MSc Epileptology

#### Kings College London

2011-2013

Advanced MSc in Epilepsy diagnostics, Distinction/1st assessment, Treatments, implications of Epilepsy - Dissertation 26000 words.  
KCL Bateman award for research. ILAE award Prague.

### Nurse prescriber (NMP) and adult assessment

#### Surrey University

2008 - 2009

Two x 6 month modules in advanced assessment and prescribing for adults with epilepsy

### BSc with honors in Epilepsy Care Buckinghamshire University

2003-2005

### Clinical teaching and mentorship

#### Surrey University

1996

### Nursing registration RNL (disabilities)

#### Surrey University

1990-1993

## PROFILE

Expert nurse with over 26 years of experience in the care of people with Epilepsy, with or without a learning disability. Working within community, primary, secondary and tertiary health care.

## WORK EXPERIENCE

### Nurse Consultant and Clinical Educator

#### Epilepsy Explained- Director/owner

2017 - Present

- Epilepsy explained was developed to meet the ever demanding need for clinical education for health care professionals who will be supporting People with epilepsy and complex needs.
- Teaching and competency workshops for nurses and professional carers across the UK
- Bespoke teaching and assessment/management planning.
- Providing educational modules,
- Private nursing assessment and care planning, clinical education for those with brain injury (for example) and seizures
- Guideline development

### Clinical Nurse Specialist for Adults with Epilepsy

#### University Hospitals Sussex- Brighton

2019 - Present

- Caseload care management of adults with Epilepsy and complex needs
- Nurse led clinics and telemed clinics for follow up consultations and urgent intervention.
- Patient review meetings
- Care planning
- Emergency seizure management and planning
- Assessment, implementation of treatment and care
- Medication reviews
- Clinical and patient education
- Service development
- Joint working - Obstetrics and epilepsy, mental health, Psychology, Kings College London re Surgery.



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## WORK EXPERIENCE

### Specialist Nurse- constipation pathway project

Kings College Hospital- Gastrology in partnership with Coloplast

2018-2019

- This appointment came about due to my research in Constipation and seizures (KCL)
- I worked with Gastrology consultants , A&E , Obstetrics and Gynae dept to improve the current assessment and referral for patients with presenting with constipation
- Liaison with all investors to develop and new pathway to ensure patients receive the correct diagnostics and treatment for constipation by following a robust pathway.
- To initiate clinics dedicated for Constipation sufferers , offering a range of nurse led treatments including anal irrigation.

### Advanced Nurse Practitioner- Epilepsy care

Guys and St Thomas Hospital -London

2009-2016

- Part of a Epilepsy MDT to support adults with and without complex epilepsy
- Running nurse led clinics
- Assessment , planning and independent and supplementary prescribing
- Medication reviews
- Clinical education for HCP's and patient self management/ education
- Support group facilitator
- EEG MDT
- Monthly Obstetric and Epilepsy clinics with professor in Obstetric medicine

### Clinical Nurse Specialist in Epilepsy care

Surrey PCT

2006-2009

- Part of a Epilepsy MDT to support adults with and without complex epilepsy
- Running nurse led clinics in secondary care and GP surgery within Surrey
- Assessment , planning prescribing
- Medication reviews
- Clinical education for HCP and patient self management/ education
- Support group facilitator

### Matron/Care co-ordinator

The Meath Epilepsy care organisation/charity- Surrey

1997-2006

- Overseeing the health needs of 70 adult patients/residents with Epilepsy and disabilities
- joint clinics with resident GP and visiting Professor Epileptologist.
- Patient assessment , planning and evaluation.
- Clinical and staff education
- Service development
- Patients medical and social care reviews.

## REFERENCES

Dr Edina Bravo -Consultant and Epilepsy lead  
UHS- Brighton.

✉ edina.bravo@nhs.net

Caryn Jory- CNS Epilepsy and Queens  
Nurse, Cornwall- Vice Chair ESNA UK

✉ caryn.jory@nhs.net

